



**PAN AFRICA CHRISTIAN UNIVERSITY**  
**END OF TERM EXAMINATION (SEP TO DEC 2020)**  
**CAMPUS: ROYSAMBU**  
**DEPARTMENT: COUNSELING PSYCHOLOGY**

**COURSE CODE CCOU0112**  
**COURSE TITLE: INTRODUCTION TO HUMAN GROWTH**

**EXAM DATE: DEC 11<sup>TH</sup> DEC. 2020**

**TIME: 11.15AM-1.15PM –**

**Three (3) HOURS**

**INSTRUCTIONS**

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE IN SECTION ONE is Compulsory.**
- **Answer any other THREE questions FROM SECTION TWO**

**SECTION ONE - COMPULSORY QUESTION**  
**QUESTION 1**

- a) Briefly explain four factors that may influence the physical growth and development at infancy ( 4 Marks)
- b) Discuss three developmental issues likely to be experienced in early childhood (6 marks)

**SECTION TWO: ANSWER ANY OTHER THREE QUESTIONS FROM THIS SECTION**

**QUESTION 2**

Describe five economic factors in our communities that can influence the growth and development of children (10 marks)

**QUESTION 3**

Describe 3 benefits and 2 limitations of Piaget's theory of cognitive development (10 marks)

**QUESTION 4**

- a) Describe how the emotional well being of a mother can influence the growth and development of a child (1 mark)
- b) Discuss the three main attachment styles identified through the experiment by Ainsworth and Bell (1970) that children are likely to adopt in relation to their caregivers (9 marks).

**QUESTION 5**

- a) Describe with examples the differences between growth and development (2)
- b) Discuss 4 main challenges that young adults are likely to face during their development (8 marks)