



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY – AUGUST 2025 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: UCC 202

COURSE TITLE: HEALTH AND SOCIAL ISSUES

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

Question 1

- a) Explain **ANY TWO** factors that influence an individual's health. (4 marks)
- b) Distinguish between preventive and protective behavior to health matters. (4 marks)
- c) Discuss **ANY TWO** ways relationships affect health. (4 Marks)
- d) Examine **ANY TWO** ways the attitude affects an individual's health. (4 Marks)
- e) Describe **ANY TWO** ways stress affects health. (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

- a) Evaluate **ANY TWO** mental disorders women who are exposed to discrimination manifest. (4 marks)
- b) Discuss **ANY THREE** health benefits married people experience all factors remaining constant. (6 Marks)

Question 3

- a) Explain **ANY TWO** personal determinants that affect one's health. (4 marks)
- b) Discuss **ANY THREE** health differences in male and female gender. (6 Marks)

Question 4

- a) Distinguish between nature and nurture. (4 Marks)
- b) Describe in **ANY THREE** ways low income/socioeconomic status affect health. (6 Marks)

Question 5

- a) Determine **ANY TWO** mechanisms that promote positive health. (4 Marks)
- b) Describe **ANY THREE** measures used in mitigating stress. (6 marks)



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MAY - AUGUST 2025 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU 4343

COURSE TITLE: CHILD DEVELOPMENT

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
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SECTION A: COMPULSORY (20 MARKS)

Question 1

- a) Discuss any two areas developmental scientists study on child development (4 marks)
- b) Explain any two aspects of child development (4 marks)
- c) Describe any two pathologies that alcohol ingestion by an expectant mother would have on a child (4 marks)
- d) Analyze any two behavioral problems associated with children who failed to form attachment due to abusive surroundings (4 marks)
- e) Explain any two social indicators of moral development in a child (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

- a) Describe the two key aspects of intelligent behavior (4 marks)
- b) Explain three factors that influence development of a child (6 marks)

Question 3

- a) Explain any two negative effects obesity has on a child:
- b) Defend in three ways the view that social development is considered the foundation of socialization (6 marks)

Question 4

- a) Analyze any two ways peers play a role in the development of a child (4 marks)
- b) Describe any three factors to be considered when studying an infant in a family (6 marks)

Question 5

- a) Explain two ways emotions serve important factors to human survival (4 marks)
- b) With reference to temperaments, discuss the three categorization of children (6 marks)



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MAY – AUGUST 2025 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 003/COU 2313

COURSE TITLE: ABNORMAL PSYCHOLOGY

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
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Section A: Compulsory (20 marks)

Question 1

- a) Explain two cognitive symptoms that make schizophrenia to be considered a severe mental disorder. (4 marks)
- b) Distinguish on treatment approaches of Major/Severe Depression and mild or moderate depression. (4 marks)
- c) Describe two ways parenting style can be an etiology to Antisocial Personality Disorder (4 marks)
- d) Analyze any two psychological etiologies to Sexual Dysfunction. (4 marks)
- e) Distinguish between the presenting problem and the actual problem in a counselling setting. (4 marks)

Section B: Answer Any Two Questions (20 marks)

Question 2

- a) Contrast between delusion and hallucination. (4 marks)
- b) Discuss any three models of explaining abnormality. (6 marks)

Question 3

- a) Explain any two ways depression manifests in children. (4 marks)
- b) Describe any three areas of focus when assessing for Mental Status Examination. (6 marks)

Question 4

- a) Differentiate between Obsessive Compulsive Personality Disorder and Obsessive Compulsive Disorder. (4 marks)
- b) Discuss any three treatment/intervention plans for Separation Anxiety Disorder. (6 marks)

Question 5

- a) Summarize in two ways genograms are used in assessment of clients. (4 marks)
- b) Discuss any three lifestyles that can help in the prevention of Sexual Dysfunction. (6 marks)