



PAN AFRICA CHRISTIAN UNIVERSITY

**MASTERS IN MARRIAGE AND FAMILY THERAPY
END OF TERM EXAMINATION-ONLINE (August 2021)**

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 504

COURSE TITLE: THEORIES II

LECTURER: DR. ANNE WAMBUGU

EXAM DATE: -August 5, 2021

TIME: TWO (3) HOURS – 17.00 -1900

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE is Compulsory.**
- **Answer any other THREE questions from the choices provided.**

This exam is 40% of the final grade

1. A Christian family; Job and Jully, their daughters (ages 25 and 23) and the son (age 21), come to you for therapy because things are going out of their hands. Their issues include: marital relationships, finances, communication, sickness, poor school performance and terrible behaviour of their children among others. The couple laments of nasty words received from their priest when they missed to honor him with a tangible gift during his birthday. The wife would want to deal with that issue by giving this priest a piece of land her husband got as an inheritance. The husband yells because the family portion cannot be given to a stranger. Furthermore, the bride prize had not also been settled and the uncle to the wife spoke evil to them regarding their children's success. In addition, the children do not see the need of being in the same church with their parents. The kids complain of the time and the money the parents give to the said church as board members.

a) In a paragraph, describe how you would assess in TWO (2) ways the family issues using cognitive behavioral MFT. **(2 Marks)**

b) Specify TWO (2) specific goals for therapy in the case at hand. **(2Marks)**

c) Discuss THREE (3) cognitive-behavioral FTM interventions you would use working with the said family. **(6Marks).**

2. a) Describe at least THREE (3) areas that make collaborative MFT applicable to all other theories. **(6Marks)**

b) Articulate TWO (2) ways how culture is peculiar in narrative therapy. **(4 Marks)**

3. a) Explain with examples THREE (3) characteristics of well formulated goals as stipulated in the solution focused model. **(6Marks)**

b) Specify TWO (2) distinctive features of collaborative MFT. **(4Marks)**

4. a) Describe THREE (3) kinds of stories in narrative therapy. **(6 Marks)**

b) Analyze with examples at least TWO (2) types of clients in solution focused therapy. **(4Marks)**

5. a) Differentiate in TWO (2) ways how empathy is used in cognitive behavioral marriage Therapy and collaborative model. **(5Marks)**

b) Reckon your choice of a post - modern model and underscore at least TWO (2) principles that make you choose the said model. **(5Marks)**