



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4333

COURSE TITLE: INTRODUCTION TO HUMAN SEXUALITY

EXAM DATE: MONDAY 3RD DECEMBER 2018

DURATION: 3 HOURS

TIME: 9.00AM-12.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- Answer **ALL** questions in **Section A** and any other **Three questions** from **Section B**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: (COMPULSORY – 40mks)

Question 1

- a. Define the following terms as used in sexuality
 - i. Sexual experience (2mks)
 - ii. Vasocongestion (2mks)
 - iii. Sexual abuse (2mks)
 - iv. Sexual disorder (2mks)
- b. Our sexual worldview is greatly influenced by our families of origin.
 - i. Explain any THREE aspects of sexual awareness as learned from your home (9mks)
 - ii. Distinguish between intimacy, love and sex (6mks)
- c.
 - i. List down any THREE female fears in relation to intimacy (3mks)
 - ii. Describe any 3 types of love (6mks)
 - iii. Highlight any FOUR modern myths about sex (8mks)

SECTION B: (60mks) – Answer any THREE questions

Question 2. (20mks)

- a) Discuss any THREE reasons why sexuality is viewed as part of our creation. (9mks).
- b) Explain any TWO myths about female sexuality in the African culture (6mks)
- c) List down any TWO dimensions of human sexuality (2mks)
- d) Mention any THREE sexual languages (3mks)

Question 3. (20mks)

- a) Discuss any THREE counselor's beliefs which can impact his/her counseling practice on matters of sexuality. (9mks)
- b) Describe any TWO sexual dysfunctions and explain how you can treat them (6mks)
- c) Illustrate the relationship between disease and sexual dysfunction (3mks)
- d) Mention any TWO ways in which sex conversation is likely to come into counseling room (2mks)

Question 4. (20mks)

- a) Discuss the sexual response cycle in its correct order. (8mks)
- b) Explain any THREE sexual behaviors in adolescence stage of human development (6mks)
- c) Illustrate the THREE factors in sexual maturity in adulthood (6mks)

Question 5. (20mks)

Read the following case study and answer the questions that follows

Khajiti is a 30 year old married lady. For the last 5 years, she has not managed to carry a pregnancy to its full term. The only time she did, it ended up being a still birth. She came in for therapy with a lot of religious/spiritual themes as she narrated her painful experiences. At one point, she believes she is bewitched and being haunted by a family's generational curse and that is why she can't carry a pregnancy to a full term. At other times she feels she is the one to blame for her problems. She expresses emotions uncontrollably and has moved from one church to another in search of an answer to her miseries.

- i. As a competent counselor, discuss how you can conduct psychotherapy with Khajiti (8mks)
- ii. From the case study above, identify any THREE markers of religious pathology (6mks).
- iii. Explain any THREE indicators of mature religion (6mks).