



**PAN AFRICA CHRISTIAN UNIVERSITY**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF**

**MASTER OF ARTS IN MARRIAGE & FAMILY THERAPY**

**JANUARY-APRIL 2019 SEMESTER**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: PSYCHOLOGY**

**COURSE CODE: MFT504**

**COURSE TITLE: FAMILY THERAPY THEORIES II**

**EXAM DATE: TUESDAY 9<sup>th</sup> APRIL 2019**

**DURATION: 3 HOURS**

**TIME: 5:30PM-8:30PM**

**INSTRUCTIONS**

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This exam is 30% of the final grade; Question ONE is Compulsory.
- Answer any other TWO questions from the choices provided.
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

### **QUESTION ONE: COMPULSORY**

A couple (believers) comes to you for therapy because nothing in their lives seems to work. Their struggles include: poor relations in their marital relationship, finances, communication, sickness, poor performance and terrible behaviour of their children among others. They lament of the bad prophecy they had received from their former spiritual leader in a church they attended when they were newly married. They were unable to buy him a house he had requested that was beyond their ability. The husband boils up in the mention from the wife of letting go of the ancestral and inherited land and buy the pastor the said house. Furthermore, both were part of his church leadership, had contributed hugely in the church projects beyond tithing and offerings.

- a) In a paragraph, describe how you would assess in TWO (2) ways the couple's issues using cognitive behavioral MFT. **(2 Marks)**
- b) Outline TWO (2) specific goals for therapy in the case at hand. **(2Marks)**
- c) Underscore and explain THREE (3) cognitive-behavioral interventions you would use working with the said couple. **(6Marks).**

### **QUESTION TWO**

- a) Discuss at least THREE (3) areas that makes collaborative MFT applicable to all other theories. **(6Marks)**
- b) Stipulate TWO (2) distinctive features of collaborative MFT. **(4 Marks)**

### **QUESTION THREE**

- a) Explain with examples THREE (3) characteristics of well formulated goals as stipulated in the solution focused model. **(6Marks)**
- b) Analyze the importance of taking a "break and reconvening" in solution focused therapy. **(4Marks)**

### **QUESTION FOUR**

- a) Describe precisely the importance of : "community of support", "deconstruction "and re-authoring" in narrative therapy. **(6 Marks)**
- b) Articulate TWO (2) ways how culture is peculiar in narrative therapy. **(4Marks)**

### **QUESTION FIVE**

- a) Differentiate in TWO (2) ways how empathy is used in Cognitive Behavioral Marriage Therapy and collaborative model. **(5Marks)**

b) Articulate your choice of a post modern model and underscore at least TWO (2) principles that make you choose the said model. **(5Marks)**