



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN COUNSELLING PSYCHOLOGY

MAY – AUGUST 2022 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 502

COURSE TITLE: FAMILY LIFE CYCLE

EXAM DATE:

DURATION: 3 Hours

TIME: 6:00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

- a) Explain any two ways family life cycles have changed compared to the past (4 marks)
- b) Discuss two effects the socio economic empowerment of women has affected gender roles (4 marks)
- c) Demonstrate two ways alcohol and drug abuse is likely to be a concern during emerging early adulthood (4 marks)
- d) Describe two roles marriage has on health benefits to a man compared to a woman (4 marks)
- e) Critique two challenges posed to parents when they experience the empty nest stage (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS

QUESTION 2

- a) Explain two factors that are deemed to cause divorce or separation at midlife age (4 marks)
- b) Discuss any three ways death affects the family functioning (6 marks)

QUESTION 3

- a) Analyze (one) positive and (one) negative effect of retirement to a marriage relationship (6 marks)
- b) Show three ways a therapist can psychoeducate a woman experiencing midlife/menopausal challenges (6 marks)

QUESTION 4

- a) Discuss any two challenges the LGBTQ population pose to a Christian therapist (4 marks)
- b) Describe three ways adolescence phase is viewed as a season of conflict with the primary caregivers (6 marks)

QUESTION 5

- a) Justify two significances of family bonds in caring for the elderly (4 marks)
- b) Explain any three cultural challenges attributed to barrenness (6 marks)